

MEGAN HALE



WARRIOR WOMAN

IN HER OWN WORDS:

- WHAT SHE'S MOST PROUD OF HERSELF FOR -

The thing I'm most proud of is learning to love — like all in, heart out, lets do this, all the way kind of love. From healing my relationship with my parents, to learning how to have forever friends, to forgiving, trusting, and surrendering wholeheartedly to God, to co-creating a marriage that rocks my world with how much we see each other and appreciate each other daily, transforming all the heartbreak into love has been the greatest gift to coming home to love within myself.

But perhaps the best is knowing each of these lessons have changed me, grown me, shifted me, expanded me, and prepared me for the greatest love lesson of all — parenthood, which is the newest layer of love I've recently added to my life.

IN HER OWN WORDS:

- WHAT SHE WOULD TELL HER 16 YEAR OLD SELF -

If I could sit down with my 16 year old self, I'd say,

"Oh Darling, my heart sees your heart and know you're not alone.

I see the person you're trying so hard to become and the ways you feel you're trying to be contained.

You were meant to be wild and live true to that voice speaking within you,

but I know so much of the time you feel lost and uncertain and unsure if you can trust it.

You feel separate from God, but darling, that's not true.

God lives in you, is you, loves you, believes in you and will continue to until you can do those things for yourself.



IN HER OWN WORDS:

- WHAT SHE WOULD TELL HER 16 YEAR OLD SELF - (CONTINUED)

There's no need to worry.

Your journey home to who you are and that person you're meant to be will be the adventure of a lifetime and you were made for this journey, sweet Megan.

You're strong and smart and capable and perfect in every single way you can imagine! You're meant to heal and help and transform and transcend. That's why you feel so much and so deep, sweet One.

You don't fit in with the world because you're meant to change it. I won't take this pain away from you sweetheart, because I would rob you of your sweetest gift.

The greatest teachers gain the greatest wisdom through the toughest lessons and you're learning so many powerful lessons of love.

IN MY OWN WORDS:

- WHY MS MEGAN HALE IS A WOMAN WARRIOR ROLE MODEL TO ME-

Megan shows up unmasked. She is who she is. She is experiencing the ups and downs and sideways of life and allowing us all to witness her journey.

My path crossed Megan's by coincidence (oh, but there are no coincidences!) on Facebook. I had just finished devouring Glennon Doyle Melton's book, Love Warrior. Megan is a devoted GDM fan and she had just launched a Facebook Love Warrior Book Club. I was so excited!

Megan showed up daily on Facebook Live to lead us and guide us not only through the pages of Love Warrior but she also created daily journal prompts to help us dig deeper. Her level of dedication was amazing. And then she got sick...I think with the flu. In her time resting and listening to her body, she discovered she needed to take a step back from the Book Club and focus on her family.

IN MY OWN WORDS:

- WHY MS MEGAN HALE IS A WOMAN WARRIOR ROLE MODEL TO ME (CONTINUED) -

I remember in that moment, my respect for Megan went through the roof. For all the times I felt I was in over my head and taken on too much, Megan showed what grace under fire really can look like.

I have not yet had the pleasure of meeting Megan in person. However, I just know that when I do, hopefully one day soon, it will feel like home. Whether through her podcasts, her Facebook lives, her posts or our message threads, I feel a connection that is authentic and powerful and I am so very inspired.

She is where I hope to be one day (minus the 9 month old son! Brax is adorable but I've already done that!) I mean the part about the platform she has created. The light she shines for women to see that we are all enough. Her passion for writing and for life. I can't wait for her to finish her masterpiece book, wild and holy!

you Rock Megan!

stay positive,
Vibha

MEGAN'S FAVORITE

WOMANTRA:

We
Can Do
Hard
Things

- Glennon Doyle Melton